

# Secrets to Success in Parenting Your Teen

October 14  
9:15 am -11 am  
Peabody Forum,  
1231 Old Marlboro Rd.,  
Concord, MA



Join communications expert and author Sue Blaney for a lively talk during which she will provide 8 key secrets for parenting teens and will share:

- how to avoid the three most common communication mistakes parents make
- a rule from ancient Greece that can guide your behavior today
- where you need to invest your time and become an expert
- the most sage advice for keeping teens safe in regards to alcohol use

## About Sue Blaney

Sue Blaney is an award-winning author who is best known for her acclaimed program *Please Stop the Rollercoaster! How Parents of Teenagers Can Smooth Out the Ride*, a parent discussion group program that has been empowering parents across the country since 2003. Visit her at: [www.PleaseStoptheRollercoaster.com](http://www.PleaseStoptheRollercoaster.com) and [www.ParentingTeensInfo.com](http://www.ParentingTeensInfo.com).

## Join a Rollercoaster Group

The Concord Carlisle Parents Initiative will be sponsoring ***Please Stop the Rollercoaster!*** self-guided parent discussion groups for middle school and high school parents. This is a fun, successful way to discuss parenting tips and strategies with other parents. Dates and times will be up to the group. Please sign up at the presentation. If you are interested in learning more, or want to sign up for a group but are unable to attend the October 14<sup>th</sup> event, email [info@ccpionline.org](mailto:info@ccpionline.org) and visit [www.pleasestoptherollercoaster.com/video/](http://www.pleasestoptherollercoaster.com/video/)

